

Camosun alumna takes a successful dive into Nashville music industry page 4



Mother Mother explore the relation between joy and pain - page 8

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camosun's student voice since 1990

mental health

Ministry moves ahead with plans to develop 24/7 mental-health support for students

How many active political student clubs are on campus?

None.

Read more about the state of student political involvement on page 6

"It's a bit like a Jenga tower. You take away enough pieces and people start to crumble."

> **ELEANOR VANNAN** CAMOSUN COLLEGE STUDENT SOCIETY

ADAM MARSH STUDENT EDITOR

The Ministry of Mental Health and Addictions has plans to develop new 24/7 mental-health and substance-use counselling services that will include access to online chat, text, phone, and email support.

13.7 percent of Canadian post-secondary students who took part in a 2016 National College Health Association (NCHA) survey reported contemplating suicide in the 12 months before the survey; 2.2 percent said they had attempted suicide in the same time period; 46.1 percent reported feeling so depressed in the previous 12 months that it was difficult to function.

Students are stretched in too many directions, says Camosun

College Student Society wellness and access director Eleanor Vannan.

"It's a bit like a Jenga tower," she says. "You take away enough pieces and people start to crumble."

Vannan says that students in her parents' generation could support themselves through summer jobs; they wouldn't have to work the rest of the year. Things are different now, she says.

"There is a lot more stress," says Vannan, "especially when there aren't services there for those students. The longer a student defers to ask for help or to get treatment the worse their condition becomes."

Camosun director of student affairs Evan Hilchey says that this is a great new direction for the Ministry. (Minister of mental

health and addictions Judy Darcy was not available for an interview by deadline, but a spokesperson for the Ministry told Nexus that the Ministry is in the request for proposals process for the project.)

"It's an exciting time for post-secondary institutions as we look to provide increased, enhanced support for students on our post-secondary campuses," says Hilchey.

Hilchey says that the number of students in the NCHA survey who said they faced mental-health struggles speaks to the complex nature of the lives of the students who are attending post-secondary institutions.

"The variety of pressures that students face, such things as part-



eved on campus

Camosun College Student Society wellness and access director Eleanor Vannan.



CAMOSUN COLLEGE STUDENT SOCIETY

The Camosun College Student Society (CCSS) held its January CamFest, which was given the chilly name of "CamFrost," earlier this month on both campuses; here, students at Interurban get some treats from the CCSS.

impact of attending post-secondary institutions, and the complex pressures of engaging in academia [contribute to student mental-health issues]," says Hilchey.

Vannan says that this announcement is a great step, especially if a student is having such severe anxiety that they feel they can't sit in a room with others or walk through a busy post-secondary campus.

"It's rather cliched, but it's a more common experience than you may feel. It can feel very isolating," she says. "Your experience, when you're going through that, feels so unique, like no one has ever felt the way you feel in that moment, and it's that negative thought pattern you're feeding yourself."

Part of the answer for Vannan lies in being open and transparent. "Chances are, if you share that

time employment, the financial with someone, they've gone through a moment like that, too... When they're not in that crisis, saying, 'This is what I'm going through,' they may be that person that can say, 'Oh, actually, here's a phone number... here are the services.""

Vannan is no stranger to being there: she knows what it's like to be stuck in silence. The key, she says, is keeping connected when you're not in crisis so that, hopefully, it's not so hard to pick up the phone on a bad day.

"It's hard," she admits. "For me, it's having that one friend that I know I can simply say to, 'I'm having a hard time; I'm feeling so out of it that it's hard to find the motivation to plug my phone in and charge it.' It's the times that you're not in crisis that you need to be reaching out to those people and building those connections, and being very open."

NEXUS

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OVERHEARD AT NEXUS: "We can overhear at Nexus from another province, right? A stranger just asked me if I was going to freeze my eggs in an elevator. (Asked in elevator, not freeze in elevator.)*

student editor's letter Why don't students care?

We matter. Yeah, us, with the bulging book bags that are ripping at the seams, and the wavy-paged, coffee-stained textbooks that are in their fifth generation. Students functioning, living, and breathing in academia are the future of the world. Most of us have heard this, but why do so many cringe when they hear it?

A Camosun trades student can learn to fix the machinery that the Computer Science majors will one day take to get to their meetings on time. If they don't get to the meeting on time, the computer software they created to help doctors and lawyers keep records of details regarding their client base may not get implemented just yet, and, well... you get it—it's a ripple effect.

This issue's feature focuses on why so many students don't seem to give a flying fuck about politics, and why there are currently so few political groups on campus when that hasn't always been the case. Sure the number of registered voters who cast a ballot in the 2017 provincial election rose over four percent from 2013, but in my daily life I still see many pairs of eyes glaze over when I mention Canadian politics. It's a colossal public system with more than a few cogs in it; when it comes to politics—and, incidentally, most things we deal with that impact our dayto-day lives-people tend to think that if it doesn't directly impact their immediate universe it's not their problem. These realities are contingent on one another, but only one of them is right. Each and every decision made by politicians in my riding has the potential to change how I feel, what I can and can't do, and the resources available to me.

This all adds up to a lack of student groups on campus.

It's time to care, it's time to rally, and it's time to fight for what's fair. If each student takes it upon themselves to find like-minded individuals, it's not impossible to form an army to create justice or change-armies to help make Camosun's campuses political again

> Adam Marsh, student editor adam@nexusnewspaper.com

VIEWS

25 Years Ago in Nexus



flashback

Piercing pondering: Our January 24, 1994 issue featured writer Shelley Evans' thoughts on piercing, which was really taking off at the time. The Excrementia Factorum column had Evans opining on clitoris piercing ("The only reason I can think of is the little bell locates you in the woods late at night when you're camping.") and nipple piercing ("Aren't you just ruining your chances at breastfeeding?"). Evans even offered up some thoughts on penis piercing: "That must aid in finding 'true north.""

Accessibility, then and now: We ran a comic in our January 24. 1994 issue drawing attention to accessibility issues on campus; in the comic, a student in a wheelchair was yelling up to an instructor in a window asking if they could talk about their term paper. Last year, we debuted our Campus Access column, looking at access issues at Camosun (the column ended last issue). The verdict: like with lots of things, the college has shown improvement, but there's still progress to be made.

Everyone's a winner: It wouldn't be a Canadian college paper in 1994 without some reference to groove-rockers Bootsauce back in the arts section. Here, the band was preparing to hit up legendary local venue Harpo's for two nights, and, inexplicably, we had not one but two interviews with the band in this issue.

open space Bike lanes can help cure the planet **TRULY HUNTER**

in Canada in 2017. Even if multiple CONTRIBUTING WRITER vehicles are registered in the same

North America's first attempt at environmental reform was an earnest one. It can be traced back to the early 1970s and the formation of the main sources of pollution that the Environmental Protection Agency (EPA) in the United States. The EPA was formed as a response to widespread pollution caused by the previous century's industrial boom. Unfortunately, almost 50 years people who drive out of laziness. later, instead of being cured, the Carbon emissions are one of the

Even though bike lanes aren't a cure-all, if enough people use them we will put a considerable dent in the Earth's disease.

to every corner like a violent cancer. and despite the fact that there are My proposed treatment? Bike lanes

Bike lanes are a contentious issue, especially in Victoria. Here, bike lanes have been so hotly debated and the issue rehashed so many times that it's practically old news. our society than a few inconvenient bike lanes.

Within sociological theory, there exists a socio-psychological phenomenon called "diffusion of responsibility." This theory states that people are less likely to take action on a problem when many other people are present. The larger the crowd, the more diffusion of responsibility is experienced. When humans see evidence of dangerous wrongdoing, many of us are inclined to do nothing if we think someone else will take responsibility.

As a result of this diffusion of responsibility, we get to remain in comfort while we convince ourselves that someone else will cure the fast-killing cancer infecting cure-all, if enough people use them our planet.

Comfort, it appears, is a greater motivator than impending doom.

The number of people who drive in Canada is higher than I thought. According to Statistics Canada, for 36.71 million people, there were

damage to our planet is spreading main sources of climate change, definitive ways to decrease emissions—such as driving less—many people simply do not take advantage of them.

name, that's still a lot of vehicles out

there; most of them probably use

combustible gas engines, one of the

public has the ability to stop using.

with bike lanes?

So, what does this have to do

Even though many people drive

out of necessity, there are also many

Once again, comfort shows its ability to motivate.

Some say we should simply But there are larger issues at play in assess people's driving needs and restrict access to licenced vehicles to reduce driver count. I'm not a fan of the dubious ethics that kind of thinking represents. But to discourage driving and encourage biking through the creation of bike lanes provides an alternative that creates freedom instead of limiting it. People who want to bike for

> the health of the planet are given incentive due to the convenience of travel, not to mention the increased safety that bike lanes provide. And, if more people start biking, or even taking the bus, it means fewer cars on the road and more freedom of travel for those who are required to drive.

Even though bike lanes aren't a we will put a considerable dent in the Earth's disease. We might be a bit uncomfortable for a few years while we adjust to these new methods of treatment, but these methods help us create hope.

Our planet can be brought back 34.32 million vehicles registered to health, but it starts with us.

Something on your mind? If you're a Camosun student, send Open Space submissions (up to 500 words) to editor@nexusnewspaper.com. Include your student number. Thanks!



CALEB BERGEN "I imagine it would be due to the stress of just dealing with college."



CAM LESERGENT "The stress load that probably comes along with post-secondary. A lot of people are also working or play a sport on the side; there are a lot of other impacts that add on stress." get a good job, and maybe



ANDREW DE CARVALHO "Undue stress; I would say a lot of it's internalized. We have a social drive to get schooling done, and a lot of students feel like it's necessary for them to

a lot of them come into

school without adequate life

experiences to really deal

with that."



ASHLEY GEORGE

"We have lots of talks about it, but when it comes down to it, a lot of people are afraid to talk because they're afraid of being invalidated. Resources is another issue. The longest I've had to wait for a counsellor is a month, month and a half."



CASSIDY GREEN

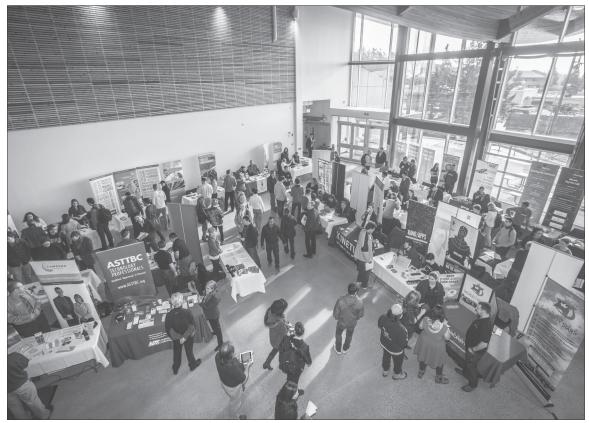
"There's a lot of societal expectations on top of the school expectations: the expectation to do well in class, but then the societal one as well. Once you have an idea of what you want to do when you grow up, then if you don't achieve that, the societal expectations kind of fall back."



LAUREN PICCOTT

"Students put a lot of pressure on themselves. There are a lot of outside faculties that are available to people here, and last semester I actually reached out to them... I think there's a lot that people don't know is readily available, as well."

event



Camosun College's upcoming Trades and Technology Career Fair is designed to be an opportunity for students to network with potential employers and to explore their career paths. It gives students a chance to meet face to face with people working in—and hiring in-their field, according to Camosun co-operative education and career services marketing officer Sally Coates.

"It's for students to go and talk

NEWS BRIEFS

Camosun Continuing Education department temporarily relocated

Camosun College's Continuing Education and Contract Training department has temporarily relocated to the Vancouver Island Technology Park at 4470 Markham Road, right beside the Interurban campus, where it was previously located. All mail will still be collected at the on-campus Camosun location.

Camosun students looking at creating access app

into creating a campus access app through Camosun's Innovation



NEWS/CAMPUS

Trades and Technology Career Fair offers job opportunities to Camosun students

Students check out vendors at a previous year's Trades and Technology Career Fair.

KATY WEICKER STAFF WRITER

to the various employers—to find out not just do they want to work for that particular employer but also to get inspiration," says Coates.

Coates says she has had many students realize that they may want to shift paths after connecting with an employer at the fair.

"Maybe if they're taking a program, they talk to the employer, and they find out, 'Wow, I'm taking computer information systems, but maybe the security aspect of it I find fascinating."

In addition to career-path clar-

CAMOSUN COLLEGE A/V SERVICES

ity, the fair offers the chance to start down these paths, thanks to networking and interview opportunities with potential employers.

"Many people get permanent careers out of these career fairs," says Coates, "and also many people arrange co-ops."

While Coates can't say for certain how many students typically get hired as a result of the job fairs, she says it is an expectation that students can get hired or come away with a network of connections.

"Some people get employed

"Many people get permanent careers out of these career fairs, and also many people arrange co-ops."

> SALLY COATES CAMOSUN COLLEGE

right there on the spot, but also sometimes people get hired when they go into interviews maybe a month later, maybe even six months later," she says.

Coates is expecting approximately 30 vendors at the fair; she says about a third are Camosun alumni, and almost half of the employers have asked for the option to interview students on the spot for positions.

"I would suggest doing some research on the employers," says Coates, who will post a list of employers attending on the Trades and Technology Career Fair website. "I would think of some good questions to ask employers so [students] stand out, because when they send in their application and resume, if they're not getting interviewed that day, they want the HR professionals who will be there at the career fair to remember them."

Coates recommends students dress business casual for the event.

"Of course," Coates says, "if they're a trades student, business casual for a trades student is a trades outfit, so it's not like they have to become a different person. They need to look hireable."

In addition to the opportunity

to network, Coates says the fair will have information booths, as well as presentations by different employers—where they will be handing out free pizza to students.

"So students don't have to miss eating to get a career," jokes Coates.

She encourages students to really listen to the presentations and use the opportunity to introduce themselves and ask intelligent questions to stand out to potential employers. She also stresses that the event is open to everyone, not just students in trades or technology programs.

"Every company or organization is a business," she says. "So, although we're not targeting business, I know that many of them are actually looking for business students. Many of them have health components, and it's really quite amazing."

> **Trades and Technology** Career Fair 11 am Thursday, January 24 Centre for Trades Education and Innovation atrium, Interurban campus educationthatworks.ca

A team of students is looking

Challenge. If created, the app will include maps of both Lansdowne and Interurban campuses, as well as interior views of the buildings, with details such as water fountains, accessibility ramps, elevators, and microwave stations. Students can fill out a survey about the app at surveymonkey.com/r/SQBFSLG.

Charger wins athlete of the week

Camosun student athlete Mika Yamada, who plays on the Camosun Chargers women's volleyball team, recently won the Pacific Western Athletic Association Athlete of the Week award after she earned 41 points and 22 digs in matches against Douglas College on January 4 and 5. See camosun.ca/

sports/chargers for more info on the Chargers.

Camosun welcomes new member to **Board of Governors**

Monty Bryant is now a member of the Camosun Board of Governors. His term started on December 31, 2018 and runs until July 31, 2020. Bryant has a PhD in Education and was previously the associate superintendent of schools in Victoria; he's been on the Camosun College Foundation Board since last year.

Let's talk about mental health

On Wednesday, January 30, Camosun will be one of more than 200 Canadian post-secondary institutions participating in Bell Let's Talk, a day of activism that encourages conversations around mental health. Bell will donate five cents toward mental-health awareness for every call or text made by Bell customers, every tweet and retweet using #BellLetsTalk, and every use of the Bell Let's Talk Snapchat filter.

Saanich launches survey

The District of Saanich recently launched its citizen and business survey. From January 21 to February 1, randomly selected participants will be called and asked questions on municipal service delivery, quality of life in the municipality, value for taxes, funding distribution, and

financial planning, among other things. Didn't get a phone call but still want to participate? The survey is available at saanich.ca/survey.

Roval Roads University gets new president

Philip Steenkamp began his new job as president of Royal Roads University on Wednesday, January 2. Steenkamp, who has a PhD in History from Queens University, was appointed to a five-year term effective January 1, 2019.

-ADAM MARSH

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CAMPUS

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UNTIL SATURDAY,

February 2

music

Camosun alumna dives into Nashville music scene



Former Camosun student Jenny Lou is currently playing music in Nashville.

KATY WEICKER STAFF WRITER

Camosun alumna Jenny Lou recently found herself with nothing but the clothes on her back and her guitar after a house fire in March 2018.

The legend around town is this incident sparked a desire for the country singer to move to Nashville to pursue her dreams of becoming a country singer, but Lou says this is incorrect.

"The Victoria newspaper had written that the house fire gave me the idea to move to Nashville, which is not correct," she says. "I've been singing since I was born."

Lou, who is originally from

know your profs

Alberta, says that she had always planned on going to Nashville after college.

"[Nashville] is country music city, so I figured that's the place I needed to be," says Lou. "And then the fire just helped make it easier because I didn't have that much to pack up when I moved."

Lou, who didn't have insurance at the time of the fire, is quick to give praise and thanks to the countless people in Victoria who gave her support in the aftermath of the fire, including the YMCA, where she worked as a lifeguard, and Camosun. (Lou graduated from the Victoria Conservatory of Music in 2018 with a diploma in vocal per-

formance; this program is offered in partnership with Camosun.)

"Camosun was so amazing, and they gave me money, and gift cards, and clothes," says Lou.

Another person who was instrumental in helping Lou was her prof at the conservatory, local singer Louise Rose. Rose gave Lou a keyboard, as her piano was among the articles lost in the fire.

"She was one of my teachers, and she gave me new stuff for my kitchen, towels for my bathroom, and sheets for my bed," says Lou. "She literally gave me everything." Six months after the fire, Lou

and her guitar made the blind-faith move to Nashville. It's a move that paid off for the singer, as she recently signed a publishing deal.

"I was singing downtown in Nashville, and the guy who runs the music circuit for all of the Broadway musicians, he heard me singing, and he came up to me and told me to come in the next day at 7 am to his office and sing him my original songs," says Lou. "So I did, and he liked me, and he offered me the deal.'

The publishing deal means that Lou now has a full-time job writing songs and performing in downtown Nashville on Broadway. This includes a bucket-list venue for the singer, Tootsie's Orchid Lounge.

"Tootsie's is, like, the biggest

"I was singing

downtown in Nashville, and the guy who runs the music circuit for all of the Broadway musicians, he heard me singing, and he came up to me and told me to come in the next day at 7 am to his office and sing him my original songs. So, I did, and he liked me, and he offered me the [publishing] deal."

JENNY LOU MUSICIAN

bar," says Lou. "That's where all the famous people stop by when they're in town, so it's where everybody wants to be performing, and I got

it. I'm so happy.' Lou recently came back to Victoria while she waits to get her work visa sorted. The visit was a full-circle moment for the singer, as she stayed with the family that she was living with at the time of the fire. Though Lou has significantly more now thanks to her decision to travel to Nashville, she is still aware of how little she had when she left Victoria. "The only thing I had after the

fire was my guitar," says Lou. "So it's kind of like fate was setting me up for my move."

Langham Court Theatre is putting on The 25th Annual Putnam County Spelling Bee, a musical about the guirky cast of characters competing in a spelling bee. The show brings both scripted and improv elements to the stage and includes the opportunity for audience participation in the bee. Tickets range in price from \$17 to \$35, with student discounts and rush prices available. Visit langhamtheatre.ca for more ticket info, as well as show times and dates. Thursday, January 24 *Time to strateqize* Head down to the Victoria Conference Centre for a chance to engage with the City of Victoria about its

Sustainable Mobility Strategy, which will look at the city's transportation planning for the next 40 years. Search "Victoria mobility future" at eventbrite.ca to register for the event (seating is limited). The doors for this free event open at 6 pm, and things get started at 7 pm.

FRIDAY, JANUARY 25 AND SATURDAY, JANUARY 26

Dance days Dance Victoria is bringing together dancers from across Canada to showcase developing new works during Rough Cuts, a part of its annual Dance Days Festival. This twoday event will take place at Metro Studio Theatre and Intrepid Theatre, both located downtown. Admission is by donation (suggested donation is \$15). For ticket info and complete schedule, visit dancevictoria.com.

SATURDAY, JANUARY 26 A dangerously good time Canadian comedian Jeremy Hotz is bringing his Dangerously Handsome tour to the McPherson Playhouse. Hotz is an international-award-winning observational comedian who comes equipped with a tiny service animal, Shackleton the Wonderdog. Tickets start at \$49.75 and can be purchased at rmts.bc.ca.

SATURDAY, JANUARY 26 AND SUNDAY, JANUARY 27

Play readings with roots Bema Productions is bringing its

First Annual Readers Theatre Festival to Congregation Emanu-El Svnagogue's Social Hall. Three shows will be presented in a "black box" style, without the use of props, sets or costumes. The plays will tackle issues including parenting and potential, childhood trauma and war. and infertility and imaginary sperm. Tickets are \$15 each, or \$40 for all three. For show times, ticket sales, and more info, head to ticketrocket. co.

Thursday, January 30 Black History Month launch

This year's Black History Month starts off with a launch reception from 6 pm until 9 pm in Victoria's City Hall on January 30. The launch will preview the month's events, which will include musicians performing at the Belfry, cemetery tours at Ross Bay Cemetery, and more. Black History Month events take place throughout February. See the BC Black History Awareness Society's Facebook page for more info: email bcbhas@gmail.com if you have questions.

FRIDAY, FEBRUARY 1 AND SATURDAY, FEBRUARY 2 **Ballet reimagined** Ballet West is coming to the Royal Theatre to showcase Africa

Camosun's John Boehme gets arty

KATY WEICKER STAFF WRITER

Know Your Profs is an ongoing series of profiles on the instructors at Camosun College. Every issue we ask a different instructor at *out of teaching?* Camosun the same 10 questions in an attempt to get to know them a little better.

Do you have an instructor who you want to see interviewed in the paper? Email editor@nexusnewspaper.com and we'll add your instructor to our list of teachers to talk to.

This issue we talked to Visual Arts instructor John Boehme about inclusivity, the importance of art, and his love of bento.

1. What do you teach and how long have you been at Camosun? I currently teach ART 103 [Introduction to 3D Artmaking], ART 140 [Visual Foundations 3D Design], ART 142 [Sculpture], ART 260 [Performance Art: The and getting hired to teach full-time

144 [Ceramics 1], and ART 240 [Ceramics 2]. I have been teaching at Camosun since 2000.

2. What do you personally get

Satisfaction knowing that learners understand that art is integral to a thorough awareness of self and the world we live in.

3. What's one thing you wish your students knew about you? That I am 55 years old and not 35 years old.

4. What's one thing you wish they didn't know about you? That I am 55 years old and not 35 years old.

5. What's the best thing that's ever happened to you as a teacher here?

Being awarded the Distinguished Alumni Award in 2013 peeve? Body as a Generator of Art], ART Visual Art at Camosun College.

6. What's the worst thing that has ever happened to you as a teacher?

My classroom at UVic was changed at the last minute to a different location, and [UVic] didn't inform me for the first three classes, so the students went to one classroom while I was waiting in another classroom alone.

7. What do you see in the future of post-secondary education?

Intersectionally aware, non-binary, inclusive, non-hierarchal, trans-disciplinary learning modules.

8. What do you do to relax on the weekends?

Surf with my children.

9. What is your favourite meal? Reindeer bento box.

10. What's your biggest pet

Non-inclusivity, wastefulness, entitlement.



Camosun College Visual Arts instructor John Boehme.

EVENTS

what's going on

Can I have the definition?

Guzman's Sweet and Bitter. The company has also reimagined famous duets from pieces such as Swan Lake and Fox on the Doorstep. Shows start at 7:30 pm both days. Tickets start at \$29 and can be purchased at rmts.bc.ca.

by katy weicker

FRIDAY, FEBRUARY 1 UNTIL THURSDAY, APRIL 4

Entrepreneurs unite It's time to get your sales on!

Business management, marketing, and sales buff Paull Murray will be speaking at the Victoria City Hall Atrium as part of Home Office Support Team (HOST)'s presentation Got Sales Breath? HOST promotes and supports local home-based businesses. Attendees will learn business and sales tips and have the opportunity to network. \$15 at the door, \$10 if you RSVP to 250-920-4160. The first time you attend a HOST event is free.

FRIDAY, FEBRUARY 1 TO SATURDAY, FEBRUARY 9 *"If they could see me* now!"

Canadian College of Performing Arts' Company C is bringing plucky, sassy, romantically hopeless Charity Hope Valentine to the stage with its latest production, Sweet Charity. The musical includes well-known songs such as "Big Spender." Tickets range from \$22.50 to \$32.50 and can be purchased at ccpacanada.com.

TUESDAY, FEBRUARY 5 A good time

Canadian singer-songwriter Matthew Good is coming to the McPherson Playhouse for a solo acoustic show. Good's career spans multiple decades as the lead singer for the Matthew Good Band as well as his more recent solo endeavours. The show starts at 7:30 pm with opening act Poesy. Tickets are \$57 and are

TUESDAY, FEBRUARY 5 **OUTstages showcases**

queer youth

available at rmts.bc.ca.

OUTstages is bringing local queer youth together to perform a cabaret-style showcase that includes scripts, monologues, readings, and more. The event is being hosted at Intrepid Theatre from 7:30 pm to 9:00 pm. There are no advance tickets, so pay your donation admission at the door. Visit intrepidtheatre.com for more info.

Wednesday, February 6

A monstrous show Juno-winning rock band Monster Truck are driving into the Capital Ballroom for a high-energy show promoting their latest album, True *Rockers*. The doors open at 8 pm; tickets are \$32.50 and can be purchased at Lyle's Place or at atomiaueproductions.com.

COMING SOON

February 15, Thank You for Being a *Friend*, McPherson Playhouse

February 19, Fred Penner, Farquhar Auditorium, UVic

March 2, A Night of Bowie: The *Definitive Bowie Experience*, Alix Goolden Performance Hall

June 24, Corey Hart, Save-on-Foods Memorial Centre

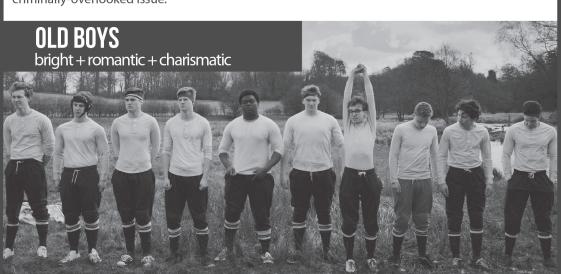
August 21, "Weird Al" Yankovic, Save-on-Foods Memorial Centre

Got an event you want to see here? Email editor@nexusnewspaper.com with all the relevant information today.

Meet the women who have survived devastating online harassment as they share their incredible stories to bring light to this important and criminally-overlooked issue.

PRESENTED BY NEXUS

NETIZENS powerful + revelatory + rethink



Working-class lad Amberson is written off as 'charity case' at his all-boys boarding school, until he discovers a way to befriend the school hero, Winchester, by helping him to woo the mysterious and beautiful daughter of their visiting French teacher.



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Don't know, don't care

Camosun students aren't as engaged politically as they were in years past. Why?

"There is a broader problem or phenomenon that seems to be impacting the younger generation's ability to interact politically and even socially in society."

> MICHEL TURCOTTE CAMOSUN COLLEGE STUDENT SOCIETY

tudents inherit the responsibilities of the generation before us, and as a post-secondary institution Camosun College is V responsible for fostering new ideas while students develop the skills, knowledge, and confidence necessary to bring them to fruition.

Considering the recent student council elections on campus and municipal elections across the capital region, as well as the proportional representation referendum, I thought the timing was right to take a closer look at student political involvement here at Camosun College.

I found that students are less involved with politics on campus today compared to years past; when it comes to political student clubs, the environment on campus today is very different from what it used to be.

And by different, I mean non-existent. The question is: why?

amosun College Student Society (CCSS) executive director Michel Turcotte has noticed that there are fewer students involved with political clubs on campus; he has concerns about millennial disillusionment.

"There is a broader problem or phenomenon that seems to be impacting the younger generation's ability to interact politically and even socially in society," says Turcotte. "In my lifespan I've noticed a difference. I'm a little long in the tooth compared to most people, but you can't help but compare my generation to the youth of today. The only thing that they are voicing concern about is perhaps the environment, and issues related to it. Those are important issues, but only a small portion of them seem to be concerned about that."

As a result of the lack of social and political engagement on campus, Turcotte says that there currently isn't a single active political student club at Camosun.

"It disheartens me that there is not that level of social or political clubs," says Turcotte. "They don't have to be political clubs. We could have an Amnesty International club, for example. We don't even have the large-scale environmental clubs like the Sierra Club. Having those voices improves the campuses. Students seem to be dejected and not engaged with those sorts of issues."

Camosun Political Science instructor Dan Reeve says that he thinks there are a number of factors that come into play as to why there are so few political student clubs.

"In Arts and Science, it's typically a two-year program," says Reeve. "Students will stay here for one or two years, and typically when I poll my students about two-thirds to three-quarters of them are working, so time, of course, is very precious. Factor in that the price of rent is the third most in that class are very up on the issues. We've had lots of really interesting expensive in the country; that puts all the more economic pressure on students to work while they are going to school. Those two factors, plus the temporary nature of enrolment... they don't have the perspective of a four-year stay. In addition to working and going to school, most aren't seeing this as a place to build partisan community."

Camosun Political Science instructor Alison James was surprised to learn that there are no partisan clubs on campus, but says that may be because her view is skewed by her background and surroundings.

"I know that a bunch of my students are politically active, both in party politics and the student society," says James. "I wonder if it is partly because

people don't tend to be at Camosun as long as they are at UVic or some other institutions. You have a full turnover every few years, and less chance to

build that community." Turcotte says that Camosun has never had a lot of student clubs, but historically they were much more prominent than they are today. (The CCSS website does have some political clubs listed on their website, such as the Cam State Conservative Club and the Green Party Club, but none are currently active.)

"In the past they were mainly political clubs, with a few activity clubs or something of that nature," he says. "But now none of the clubs we have are political. There are some clubs associated with departments, like Criminology or Psychology, but absolutely no clubs, for a number of years, of political or societal interest."

Turcotte says there have been sporadic spikes of increased political activity at Camosun, but there has really been about a 15-year period where that has fallen off.

"20 years ago we had them all, and for years before that," he says. "There were international socialists, and New Democrats, Conservatives, and a lot of Liberals. They were quite well represented."

The political presence was so strong on campus that Turcotte says one of the major worries was that the student society might be taken over by one of the political clubs.

"Before I was hired, the Liberals had tried and partially succeeded in taking over a number of the [CCSS] positions," says Turcotte. "It's not always a planned initiative, but rather it was opportunism. There was a time when the major political parties were trying to mark out political territory on campuses, or to quiet voices."

But that is all a distant memory.

eeve says that the decline in partisan involvement likely stems from tarnished reputations attached to parties.

1/ "Fewer people are aligned with political parties," he says. "I think that negatively affects partisanship in terms of joining a party. I think some people also assume that if they get active in a party that they have to be big donors. My experience is that parties will be glad to take whatever you can give them in terms of time, energy, and ideas."

James says that the level of involvement she sees with her students may be because of what she teaches.

"Whether you could go to another subject area and find the same level of involvement, I don't know," says James. "A second-year Poli Sci class is quite a selective group, in a way. They have to have taken a first-year Poli Sci class, so they're going to be interested in politics. I know the students conversations in class particularly about the referendum."

Reeve says that from experience working with parties, he knows that they love it when students join them; however, he thinks Camosun may be overlooked because it doesn't have quite the same size and scope as UVic, which has a much more established party system.

"I encourage my students, if they are interested in a political party, to get involved at a constituency level," says Reeve. "Parties are always more than happy to see young people involved. Most parties, at the riding level, are volunteer based, and they are always hungry for young people to join—any political stripe."

Turcotte says that it's important for politicians to at least have the appearance that they can engage with youth; otherwise they have a harder time as candidates

"If they can only engage people over the age of 50 that would seriously limit their electoral chances," says Turcotte, "particularly in a party like the NDP, but even with the Liberals, as we've seen with the appeal of Justin Trudeau, where he was seen by the younger demographic as a breath of fresh air after Stephen Harper. Being able to attract youth is an important quality for a political leader. The NDP is kind of trying to characterize first past the post as the old system."

hird-year University Transfer student Sacha Christensen is taking political science classes, is active in provincial politics, and is the **L** CCSS Lansdowne executive. Christensen sits on an electoral

district association (EDA) and serves on a provincial party committee. "Honestly, I had to seek it out," says Christensen. "I didn't have anybody come to me and say, 'You should get involved in this.' I got an invite to an EDAAGM, more or less by accident, and decided I wanted to be a part of it."

Christensen says that he is particularly disappointed in the absence of political clubs at Camosun, but it's also something that he understands.

"It actually makes you a better hire," says Vannan. "When someone hires "I think there would certainly be more students involved in politics if to know I have a mandate from students," she says. "I want to tell them what you and you've worked on the CCSS board, you've learned interpersonal I want to do, what I think I need to advocate for, and I want to have proof skills, you've learned how to mediate conflict with different personalities, there was more of a presence on campuses," says Christensen. "This is a you've really practiced professionalism. Those aren't things you magically bit tangential, but one thing that I've noticed is that, specifically in political that they are really supportive of this." circles at Camosun, students seem to join the political clubs at UVic. [UVic] figure out in the student society; those are things you're taught. If I were to What politics on campus is really good for right now, says Vannan, is have a mandate that allows [Camosun students] to join, and the students rank my courses, I would rank my experience on the CCSS as high as any specific events like the municipal election or the referendum. are there for a longer period. The base of students can be there for four "We are good at rushing out and coming up with a strategy and imcourse, in terms of what I've learned from it." years and can be politically active for their time there, but it also means that plementing it," says Vannan. "We are great at getting people to come out One of the great things he experienced while working through youth Camosun students can attach on to that." and do that work, but it's the times in between that are a challenge. It's politics, joining a political party, and being part of its youth wing, Reeve Reeve says that at various times he's tried to encourage students to get keeping people politically literate when there is nothing going on in terms says, is the contacts that he made.

connected with UVic.

"There is always a lot of enthusiasm in September, but by November people are concerned about their projects and assignments," he says. "I think the hard part is that it's hard to start from scratch. Whatever your political stripe, if you want to set up a club here, that could seem intimidating. I think an affiliation with the UVic clubs would be great because you aren't starting from zero. You have people who have been around for a couple of years who can offer a little bit of guidance."

The lack of infrastructure on campus can be limiting, but there are other ways for students to get involved politically. CCSS student wellness and access director Eleanor Vannan has had people from both major provincial parties reach out to her, but she has been careful to remain impartial.

"Right now, I think that's probably the most beneficial thing for what I'm in, which is the student movement," says Vannan. "My primary motivation in politics is as a student and as a parent. For me that means you work with whoever is going to work with you. If there is a party that is willing to give students what they need, then you put the work in. I am very issues-driven."

James says that she's learned a lot about the CCSS from her students who are involved with it.

"I was invited to an event the other day around disability on campus," "Then I talked to my MP, Elizabeth May, when she came to do an in-class she says. "It was very interesting to hear about how the college is doing, and what problems students are facing." presentation, and she invited me to work in her office in Ottawa," says Taylor. As a CCSS board member, Vannan says it's hard for her to see the campus "It was an internship—it wasn't paid—but it was a great opportunity, so I took her up on that. It just sort of went from there. Then I tried to apply for a

as politically empty just because it lacks party-specific clubs.

"I think the hard part is that it's hard to start from scratch. Whatever your political stripe, if you want to set up a club here, that could seem intimidating."

> DAN REEVE CAMOSUN COLLEGE

By Fred Cameron, features writer

"Don't get me wrong—I'm really happy to be in my position, but when I say to people I got 98 percent of the vote, because it's a yes/ no vote, people are like, 'That's fantastic.' But I say, 'Yes, but no one ran against me.' I want to know I have a mandate from students. I want to tell them what I want to do, what I think I need to advocate for, and I want to have proof that they are really supportive of this."

> **ELEANOR VANNAN** CAMOSUN COLLEGE STUDENT SOCIETY

"I think the political drive at Camosun is usually about internal politics, and lobbying the institution, and making sure that the institution is providing the things that students need [and] that policies have student representation," says Vannan. "For me, it's a good fit because of my desire to remain non-partisan. It's about how we can use political tactics, lobbying, and policy to get those outcomes that are immediate and impact us here right now."

In a general sense Turcotte says CCSS involvement ebbs and flows; he says that it's currently at a down point in that cycle.

"There was more competition in the past," says Turcotte. "Often in our spring election we haven't been having a lot of competition. You might have three people running for one position, but sometimes there are positions with either one person running or nobody running. It's sad when you have uncontested positions when you are going through the election process. I had never seen that until this past decade. In my first decade on the job, it never happened."

Vannan won her CCSS ballot uncontested, which she says made her a bit sad.

"Don't get me wrong—I'm really happy to be in my position, but when I say to people I got 98 percent of the vote, because it's a yes/no vote, people are like, 'That's fantastic.' But I say, 'Yes, but no one ran against me.' I want

of elections. There is always something. There is always legislation being passed, something affecting students on campus, but when it isn't during an election campaign, it's really easy to feel like you don't have a say and it's just going to go on no matter what you do."

eeve says that it would be great to see students who have the time to get politically active at a partisan level, but adds that there are lots of ways to be politically active that aren't tied to a party. "Overall, I think partisan activity over the last 20 years may have changed,

but I don't think that necessarily means that students are more apathetic," he says. "We see a lot of students get involved at the local governance level, where there isn't typically party involvement, and in particular [involved in] the last municipal election."

19-year-old Ned Taylor defied the odds and broke the mould when he was elected alderman in Saanich last fall.

"Myself getting elected sort of shows the uniqueness of municipal politics," says Taylor. "I don't think we see that sort of thing happening in provincial or federal politics, so it's sort of a unique area."

Taylor says he started volunteering in Grade 10 or 11 for the federal election campaign in 2015 and decided to continue after the election.

job in politics after the provincial election last year and didn't get accepted. So I thought, 'That's okay, I'll see if the public wants to hire me.' After a couple of tries they did, so it worked out."

Whatever level their political involvement has been, everyone I interviewed agrees that the experience of being actively involved in politics has helped shape their lives in everything they do. When he went to university, Turcotte enjoyed the political experience as a member of a political party that participated in the youth wing and took part on the frontlines during elections, and it was an experience that served him well later in life.

"You get that mentorship and that experience," says Turcotte. "Those are skills that serve you beyond political purposes-those are skills that serve you in life. You gain the ability to project ideas, and project how you feel in order to influence the world around you. People need to know how to make a difference. It's not something that is taught in school. It is a practically learned activity. I used to be afraid to speak in public, but now if I feel the need to express my opinions I have the ability to do that."

That kind of student leadership does look really good on a resume, says Vannan, although she adds that it goes beyond making students more appealing to employers.

"I have some great friends all these years later who I met in my youth through party involvement," says Reeve. "And then I got to meet some amazing people, who kind of mentored me and guided me. That experience was irreplaceable. Just getting the chance to meet these people was a real eye-opener for what politics really was. Seeing the hard work, seeing the hours, and seeing the rigour kind of opened my eyes. If people want to get involved it gives them a view of the road, or they can see that there are many ways to affect change without necessarily being a public face. When I grew up I was politically active and tied to a political party-that was my start. There is a natural framework built in, because all of the major parties are already well established, so there is an infrastructure for you to join and be active with."

Taylor encourages students here at the college to get those political clubs started up.

"There are no political groups at Camosun," says Taylor. "There is an opportunity for students to create one. This is an exciting time for young people in politics. Finally politicians have started to realize just how much young people can impact both elections and policy. We saw a focus on younger voters for the proportional representation referendum. We saw younger people getting elected, not only in Saanich, but in other municipalities in the region and across the province in this general municipal election. Clearly the tide is turning. Politics isn't just for the working middle aged or the retired. It's for young people just as much. I hope Camosun students can grasp those opportunities."

"There are no political groups at Camosun. There is an opportunity for students to create one." **NED TAYLOR**

DISTRICT OF SAANICH

film

music

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Mother Mother remind us that it only hurts because it didn't



Indie rockers Mother Mother recently released their seventh studio album, Dance and Cry.

KATE WOOD CONTRIBUTING WRITER

Joy is the essence of pain. Mother Mother guitarist/vocalist Ryan Guldemond wrote the band's seventh studio album, Dance and Cry, with this philosophy in mind. Guldemond argues that although the two emotions seem to be opposites, they depend upon each other.

"Hopefully the title and the album bring to light how maybe these things aren't in polarity with each other," says Guldemond. "They're actually quite synonymous or in-

art

trinsic to each other... That which makes you joyful, should it be taken away, is devastating. It's a bit different with happiness because you can be happy about all sorts of stuff, and, should it disappear, you kind of move on quickly. Like if your ice cream cone falls to the ground, it's a drag, but, you know, you can kind of move on; but if you lose a child or you get your heart broken, well, that's the entrance into great pain, and it's via joy."

In Dance and Cry, Guldemond embraces the strength in his vulner-

abilities. Letting go of the pressure to be constantly charismatic, he is able to access a new level of honesty.

"I've discovered that there's a real potent power in shyness and introversion and sensitivity," says Guldemond, "because you really feel things in between the cracks and a little deeper than when you're just barrelling forth in the grip of extroversion. I guess you can get into the nuance of your feelings a bit better when you tap into your shy guy or your shy girl, because we all have one.

"If your ice cream cone falls to the ground, it's a drag, but, you know, you can kind of move on; but if you lose a child or you get your heart broken, well, that's the entrance into great pain, and it's via joy."

> **RYAN GULDEMOND** MOTHER MOTHER

While on tour for their new album, the band aim to take audiences to a chapel of their own emotions. As he embraces his new discovery of self and channels it into his latest work, Guldemond hopes listeners will find ways to connect their own experiences and find a release at the live shows.

"The record is very much about finding the avenue for healing through pain," says Guldemond. "Facing the shadow in order to, you know, find the light; all that kind of stuff. I think it's probably what we're all going through, to some extent, on a daily basis. When you write songs that centre around that, that your fanbase connects with, and learns, and knows how to sing along, and then you all get together in a room, I guess it almost becomes like a church-like experience. So I guess I just hope people get some therapy out of that, and people can sing out, sweat out, and smile out, or cry out some of their grief, in whichever venue, to a soundtrack that means something to them, by performers that are giving it 110 percent.'

Through working as a mentor and motivational speaker to aspiring musicians and other creative types, Guldemond has solidified his faith in people's need for truth and meaning in their creativity.

"I think what I've learned through these talks or whatnot is just how hungry people are to just feel inspired," says Guldemond. "That is where the thirst lives—it's not for success, it's not for achievement, it's to imbue their life with more meaning, and purpose, and creativity, and magic, and it's reaffirming because those are the things that matter to me. I live my days with a sense of wonder, and what I invest in is for the purpose of infiltrating that wonder; it's not for acquisition. So that's been really inspiring, that common need in people for magic in life."

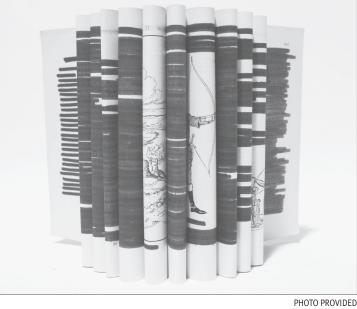
> **Mother Mother** 8 pm Monday, January 28 and Tuesday, January 29 \$57 and up, Royal Theatre rmts.bc.ca



In 2013, when Laura Marie Wayne heard that her best friend of 14 years, Nanaimo-raised Scott Jones, had been a victim of a targeted homophobic attack on the streets of New Glasgow, Nova Scotia, she quickly packed her suitcase and boarded a plane to be at his side. She brought her camera with her and, only five days after Scott's attack, she began filming at the hospital. What unfolded was the award-winning Love, Scott, a deeply intimate portrait of Scott's recovery and his new life as a paraplegic over the course of the next two years.

"Initially, when he was attacked, there was just that gut response that I needed to bring the camera, and I didn't even know why," says Wayne. "In a way it seems like it could be really invasive, but it didn't feel like

art



CHRISTINE CLARK African-Canadian woman who grew CONTRIBUTING WRITER Artist, poet, and Simon Fraser University instructor Chantal Gibson presents altered text and history books in a sculptural re-telling of Canada's whites-only historical narrative in her exhibit How She *Read: Confronting the Romance* of Empire. Gibson went to high school in Mackenzie, BC, and when she was younger, her mother—an

Artist looks at history of Japanese-Canadian fishermen in new exhibit



Artist Marlene Howell stands with one of her paintings.

LESLIE DO

Series for Contemplation," part of fore the bombing of Pearl Harbour, *The Lost Fleet* exhibition, looks at which launched the United States

CONTRIBUTING WRITER the world of Japanese-Canadian Marlene Howell's art show "A fishermen in British Columbia be-

"I wasn't there when it happened, but going through all those photographs and reading about some of the families, it was emotional for me. Each painting I did, I put a lot of feelings into it."

> MARLENE HOWELL ARTIST

into the Second World War. This impacted thousands of Japanese-Canadian lives in BC.

"I can't believe that nearly 1,200 Japanese-Canadians lost their fishing boats at that time," says Howell, who is Japanese-Canadian herself.

Howell says that the experience of creating the works in the exhibit was emotional for her.

"When I look at all these photographs, I kept thinking every photo has a story," she says. "They worked hard to save up money to buy a boat, and then it was taken away and took out to the east coast where [there's] no ocean, so they couldn't continue fishing; they had to find another job and start all over again."

Howell says that when she was painting, she was trying to get to know how the people felt at the time of these events.

pened, but going through all those photographs and reading about inspire my painting." some of the families, it was emotional for me," says Howell. "Each painting I did, I put a lot of feelings

Howell says that the event launch—which will feature herself, Michael Abe, Jordan Stranger-Ross, and David Suzuki as speakers and is happening on Thursday, January 24—should be informative and helpful for attendees. She says that she, for example, wasn't always informed about things that hap- It's unreal." pened back then, even though her parents were interned and owned a rooming house in Vancouver that got confiscated.

"I really didn't know too much, because I wasn't around at that time," she says. "I wasn't born

and my parents never discuss what they went through-they wanted to protect their children-and not until later years, through reading lectures, [do] you find out."

Howell says that she put a lot of work into researching pictures from that era.

"To reflect the Canadian fishing boat, I went through hundreds of old black and white photographs, nd I chose a few that I thought will "I wasn't there when it hap- make an impact on the viewers," she says. "I used those photographs to

> Somehow, all the photos have connections with Howell, although in many different ways. She says there was a particularly unexpected revelation one day when some friends came over as she was working.

"I have the photographs sitting there, and my friend asks me, 'Where did you get this picture? That's my grandfather's boat!' I didn't know that until that time.

> The Lost Fleet Until Sunday, March 31 The Maritime Museum of British Columbia mmbc.bc.ca

into it."

ARTS

Victoria Film Fest movies with Vancouver Island connections explore intense themes

Love, Scott examines the homophobic attack on Nanaimo-raised Scott Jones.

JESSICA HO CONTRIBUTING WRITER

that. It felt like the camera needed to come, that somehow through the camera there was a power and an opportunity for justice and catharsis, because a camera is a really powerful witness."

Wayne, a first-time feature-length director, beautifully and organically captures Scott's most vulnerable and triumphant moments through coming to terms with being a victim of a targeted hate crime and the daily challenges of life in a wheelchair. One huge difficulty for Scott and his loved ones was and continues to be the lack of support from the justice system.

"The victim services did not advocate for him in any way; he had no opportunity to meet the lawyer who was defending him before he actually went to trial, and then the thing that was most important to him-that this was recognized as a hate crime-was never explored or taken seriously by the police," says Wayne. "So that was a really devastating part of all of this, just to feel that the institutions of power in this country were not able to hear and respond to his experience as a gay person."

Nevertheless, the outpouring of love from Scott's support systems following his assault and his court case was astonishing, particularly from the queer community and from his family. More astonishing, however, are the ways in which Scott has persevered with kindness and empathy throughout his recovery.

"His story is so full of sorrow and grief and tragedy, and also at the same time there is so much resilience and so much love and they're both present there, like this darkness and this light, and l feel like it was important to me in

making the film to honour that," says Wayne. "Even though this horrible thing happened, there has been a tremendous opportunity to keep showing up with love in the face of the worst circumstances."

Love, *Scott*, is produced and distributed by the National Film Board of Canada, as is *That Higher* Level. When Victoria-born, Vancouver-based, and award-winning film director John Bolton was approached about directing *That Higher Level*, he was ecstatic for the opportunity to follow the National Youth Orchestra of Canada (NYOC) and capture the orchestra's most ambitious tour yet across the country. Now, that movie is having its world premiere at the Victoria Film Fest.

"I've made quite a few short films about and with classical musicians, and I've always wanted to make a film about a symphony orchestra because, to me, the symphony orchestra is the greatest human invention," says Bolton. "So the film was something I was asked to do, but it was also something that I had always wanted to do. It really was a literal dream come true."

Bolton gracefully captures the ambition and sacrifice of the young classical musicians who make up NYOC, the top orchestral finishing school in the country. The film focuses on three different types of conflict: the musicians' inner conflict in handling the pressure; their conflict with the difficulty of the music; and the conflict within the music itself. For the last of these, the students focused much of their effort on Richard Strauss' "Death and Configuration."

"Death and Configuration' is a really dramatic piece of music-it

tells the story through music of an artist on his deathbed looking back on his life and literally struggling to stay alive and fighting against death," says Bolton. "It's a piece of really extreme emotions, and I could tell as soon as I got there and started talking to the kids about the music that this was the piece that they were the most excited about playing and that it was going to be the most challenging piece for them intellectually, physically, and, especially, emotionally."

That Higher Level demonstrates how the members of the orchestra, who range in age from 16 to 28 years old, confront and overcome their own personal and professional challenges and come together in the pursuit of excellence to form the impressive ensemble.

"The wonderful thing about an orchestra is that it's not just a metaphor for a community or a society, it is a community and a society... and it's just an epic journey they go on," says Bolton. "And as the conductor says in the film, this orchestra made up of these musicians will never exist again. They started as 100 individuals and by the end of the summer-and hopefully by the end of the film—you will see them come together as one musical organism, all playing together as one, and hopefully through the film that orchestra will live on forever, in a way.'

Victoria Film Festival rious times, Friday February to Sunday, February 10 /arious prices and venues victoriafilmfestival.com

Chantal Gibson rewrites Canada's whites-only historical narrative

Chantal Gibson's Erasure Sonnet: English History in a New Context.

up in Nova Scotia-passed along a family legend involving black loyalists. But when Gibson set out to learn more about her ancestors she was confronted with total silence regarding the lives and contributions of black Canadians throughout our shared history.

"I started doing this work over 20 years ago in grad school," says Gibson. "I was looking at mapping

would appear in Canadian history texts, and so I read I think 35 different books and waited for loyalists to become black loyalists."

It was the collective experience of searching for family roots, reading Lawrence Hill's 2007 novel The Book of Negroes, and downloading passenger lists of immigrants who sailed into Halifax that spurred Gibson's interest in the black population of Canada.

"I don't claim to know what folks would have said but I know, historically, that people were here," says Gibson, "and I know that they were talking."

How She Read: Confronting the Romance of Empire includes largescale prints of redacted text lifted from children's vocabulary spellers, as well as a series of old history books altered beyond recognition through acts of black-thread embroidery. Gibson describes this work as an opportunity to imagine into being the voices of those who have been ignored or misrepresented.

"For me, the braided texts with the black thread, the premise that I try to work with is if you took away the white space—so if you look at I'm really interested in how people

the black loyalists and when they the metaphor of the page—what would the text do? What would the black text do? And I just really meditated on this idea of those romanized letters becoming 3D and creating a form," she says.

> Gibson learned early that books are precious objects but came to believe that the content of many books, especially the records of hegemony, cannot continue unchallenged.

"A larger ideological functioning of books, of history books, is that you can't change them, you can't alter them because they're sacred," she says. "But they're inaccurate, so, for me, once I cut my first book, I was good."

Gibson will also present a satellite exhibition of her 17-foot-long book TOME at UVic's McPherson Library during January and February. Made of piles of repurposed cotton and coffee, the economic drivers of the slave trade, *TOME* offers an alternative approach to reading about black history.

"I'm a firm believer in there's creativity in struggle and so that's really what I think about," she says. "I'm not interested in narratives that [are] victimizing narratives.

who were oppressed and marginalized were creative throughout their suffering."

In addition, Gibson will launch her first collection of critical poetry, also titled How She Read, in late February with readings at Open Space and at UVic. The poems are presented in three sections and touch on the education her mother received from the textbooks she was assigned to read at school. Gibson says that, in these books, white people were always shown as civilized and productive, while brown people were represented as tiny and magical and not quite real.

"We were all children once and nobody escapes this colonialism; nobody comes out scot-free," she says. "Even if you are the most privileged person [you] spend your life looking over your shoulder because you know inequality exists, and sometimes people don't understand."

How She Read: Confronting the *Romance of Empire* Until Tuesday, February 26 Open Space openspace.ca

PUZZLES/COMICS

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January 23, 2019



COLUMNS

by Katy Weicker

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Let's Talk?

nexusnewspaper.com

The birth of the (cis?) white male

Proud aunty brag: my sister

I am also aware. While I cannot

That being said, he is also a per-

While I have said countless times to the men in my life that the rules have changed and they just have to get used to it, I never really considered what it would look like to teach these rules to someone for the first time

If I was handed a baby girl and told to teach her to be a strong, independent woman, I'd be like, "I got this." But looking at this tiny little man, I struggle with the responsibility I have as his (hopefully cool) aunty to give him tools to respect the women he will meet in his lifetime.

While I was out for dinner with my boyfriend and a (male) buddy of ours recently, we got onto the topic of feminism and equality. They asked me what I as a feminist

This type of thing has been

an extreme frustration in my line

of work as a chef. Going through

culinary school and listening to

instructors teach about the food

want-and I'm ashamed to admit it wasn't something I could easily articulate. Yes, obviously, equality, but how do you tackle such a large topic? It's overwhelming. And the idea of teaching it to a little boy from the ground up is daunting, to say the least.

My nephew will learn how to respect women, in part by how he sees me interact with men.

I have a responsibly—one that I don't take lightly—but for the first time since I became "woke" I have empathy for the men trying to navigate a world in which the rules have changed, because instead of reacting to these rules, I now have to put my money where my mouth is and teach them

ica right now, so to not have a food

guide that reflects nutrition as our

number-one priority is an absolute

slap in the face to the average Can-

care of their bodies with what they

put in it should be at the top of any

Teaching people how to take

I, for one, am extremely happy

and grateful that the food guide is

finally getting this overhaul, albeit

far later than it rightfully should

have. My fingers will remain crossed

until it is released, and I will go

back to working on my health class

project with the old guide as the

standard, as per curriculum. But

the overhaul is overdue, and better

by Tess Syrowik

adian citizen.

late than never.

agenda

by Justin Bennett

Communication Error

I had a dream that I dreamed a dream; how awful. I woke up next Wednesday, or maybe it was last Tuesday, or is it today? Sometimes existence feels like one long afternoon, doesn't it? It's like a bad day vou've had vour whole life. No-it is time... to wake up. Time to finish those assignments, time to begin those very same assignments, and time to wish for more time. The time

understand what time is? I'm afraid we don't have time to explore that question

When we begin to feel overwhelmed about our time's crippling debt, when we wish to cross over from this moment and arrive at the next, when we can finally enjoy that next moment, what are we stepping over?

As Saint Augustine put it, "What... is time? If no one asks

me, I know what it is. If I wish to

noons just keep going. It makes you

contemplate either taking a nap or

having another cup of coffee; a nap,

of course, being the kind of sleep

that you never want to wake up

from-the kind that frees you from

once said that what doesn't kill you

only makes you stronger forgot to

add the caveat: "although only if it

doesn't leave you for dead-beyond

possible repair." It's funny how that

last part is fairly important, isn't it?

I suppose they never had the time

happen when we reach 11? And

how long will it take us to get there?

Shall we count to 10? What will

by Tiegan Suddaby

to finish that.

When time isn't ours, the after-

explain it... I do not know."

Sometimes existence feels like one long afternoon, doesn't it?

has a charmingly abusive way of trapping us, freeing us, enslaving us, and letting us go, but where does one rotation end and the next begin?

What is time? "What a silly question," some would reply. It's the thing we spend, the thing we save, the thing we earn, and so on. Open your wallet; can you spare any time? Funny, that doesn't make sense, does it? Yet, somehow, most of us divide our days, our school schedules, and our lives into this time commodity that we can never quite afford. But why do we wish to buy time when we already own it? Time is yours; it cannot be bought or sold. If it could, why isn't it in your wallet?

Let us make use of chronemics, the study of time in communication. Can either monochronic (M) time, or polychronic (P) time help us

having to dream about dreamsand coffee being a giant cup of nihilistic existentialism. Whoever

Canada's Food Guide gets overhaul

guide (not by choice, in my opinion) was cringeworthy for all parties involved. Who are we to teach this outdated and heinous information to the next generation of individuals who will be designing menus, coming up with the next hot new restaurants, or further passing along this knowledge to future chefs? Sure, it was practical in the '40s, but we live in an age of information and choice. We are not solely reliant on milk and

Health and wellness are two of the trendiest things in North Amer-

bread to get by.

Health with Tess

Use your benefits

As Camosun students, we have checked before a pair of glasses those pesky fees at the beginning costs you \$700. Want an IUD, the of every school year for dental and most effective form of birth control?

At the risk of sounding like my last semester to further my well taking care of your health early on being and they went completely in life. Unless you're a shark, you have one set of adult teeth and will I know I am not the only student be more comfortable and overall who let that slip by, but I can say that better off later on in life if you take not having coverage is even worse care of your cavities instead of get-

A few years ago, my combined be forking over \$100 out of pocket birthday/Christmas present was for a simple cleaning, never mind going to the optometrist to get glassthe cost of getting fillings. Can't es—I couldn't afford to go without read the chalkboard? Get your eyes getting help and I wasn't covered.

To anybody who can get pregnant or might get someone else pregnant, IUDs are more dependhealth insurance that we pay and Get one before it will cost you \$400. able devices than taking the pill, even if you take the pill at exactly fees loomed over us and are now mother, I strongly urge you to at the same time every day. If your (hopefully) paid, and it got me least think about how much better objective is to avoid accidentally thinking about how I paid for things off you will be in the long run for having a baby now or within the next five years, get an IUD while you're covered. Babies are more expensive than an IUD, and so is the pill when you add up how much

> that costs over a five-year period. Even if your back hurts from hunching over a keyboard and typing out essays, you are covered through your benefits for massage therapy.

Take care of yourselves, fellow students; we are covered for it.

Back in the saddle

First Things First

December and January gave us a few weeks of idleness and cheer, but now we must begin again. It's a new year, and that means new you, new me, new semester, and new resolutions you're probably not going to live up to.

Here's a challenge for you: make a resolution for this year that you know you can do. The amazing thing is that you can refer to how last semester treated you, and how you treated last semester.

New students are often highly stressed, mostly because the combination of a new environment and change in routine activates some panic. Thankfully, you experienced the first day last year. Now that starting school—finding classes, meeting the teachers-why not aim higher? You survived last year; think of ways you can thrive this year.

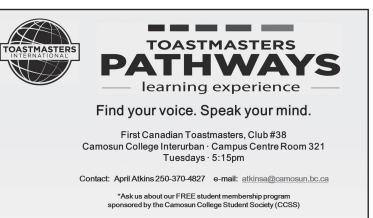
Be like me and take four classes instead of five. Maybe this term you'll achieve a firm A in at least one class. Explore the campus a

little more and use the services and facilities provided, like the gym. Socialize with your colleagues outside of the school schedule; go to parties. Or party less? Remember, goals are personal and should be attainable to

you and no one else. If you're just starting school this year, think of what you want to learn from yourself. If you already know that you tend to procrastinate on assignments, try starting them the day you get them. Push yourself to meet other people, even if it's just a quick smile to the person sitting beside you.

Also, if you are starting in January, it's normal to feel a bit behind when everyone started school in the you understand the general gist of fall, but remember that plenty of other students arrive in winter too.

This year, our resolutions shouldn't be to impress everyone around us but to see growth in ourselves. I don't know if you need to hear it, but I'm proud of us firstyears. Let's make this term even better than the last.



Ever wanted to be a columnist? Now is your chance!

Email editor@nexusnewspaper.com with your column idea today!

My nephew will learn how to respect women, in part by how he sees me interact with men.

I refer to is, of course, the one that

Tomorrow, tomorrow, and today

by Nate Downe

11

PUZZLES

communication error word search

Our writer Nate Downe has been asking big questions in his *Communication Error* column for us for a while now, so we figured the time was right to make a word search out of it. We took words from this issue's column (see page 11) to make this one.

Find the words on the left in the puzzle on the right; as always, stop by the *Nexus* office (Richmond House 201, Lansdowne campus) if you complete this puzzle to pick up something from our pile o' prizes.

	E	D	W	0	Х	А	Α	Z	F	V	С	Х	R	Η	D
ABUSIVE AFTERNOONS	A	Х	С	0	Ν	т	Ε	М	Ρ	\mathbf{L}	Α	т	Е	J	М
	X	F	Ι	Ι	Т	М	F	Κ	Ν	G	V	G	G	G	G
ASSIGNMENTS CAVEAT	G	Ν	т	S	N	В	R	Y	0	G	Е	Q	Ν	N	Η
CHRONEMICS	W	Ν	S	Е	Т	0	Q	Κ	Ι	Ν	А	F	Ι	Ι	D
COFFEE COMMUNICATION	N	А	Ι	А	R	Е	R	А	Т	G	Т	\mathbf{L}	V	Ε	0
CONTEMPLATE CRIPPLING	A	А	\mathbf{L}	Ρ	А	N	N	Η	А	F	Ρ	U	А	Ε	R
DEAD ENSLAVING	E	В	Ι	\mathbf{L}	Ρ	т	0	т	С	Ρ	W	D	\mathbf{L}	R	Η
EXISTENTIALISM	E	U	Η	R	Ε	Α	V	0	Ι	Y	А	F	S	F	Ι
GIANT	F	S	Ι	Y	Ρ	т	R	R	Ν	Α	\mathbf{L}	W	Ν	J	G
NAP NIHILISTIC	F	Ι	Ν	U	N	G	С	т	U	S	\mathbf{L}	0	Ε	K	F
OVERWHELMED POLYCHRONIC	0	V	Е	R	W	Η	Ε	\mathbf{L}	М	Е	D	Ι	Ρ	0	D
TRAPPING WALLET	C	Ε	Х	J	S	Т	N	Ε	М	Ν	G	Ι	S	S	А
	K	D	S	С	Ι	М	Ε	N	0	R	Η	С	Ρ	М	М
	R	0	N	Η	U	S	Y	U	С	L	Q	S	В	U	Η



contest Find the hidden Nexus and win



Let's see if you can find this copy of a previous issue of *Nexus* that we hid somewhere at Camosun College's Lansdowne campus.

The first person to find this copy of the paper and bring it in to our office wins themselves a free prize! GREG PRATT/NEXUS

Last time, the issue was hidden in a cabinet on the first floor of the Paul Building.

Bring this copy of *Nexus* to to us if you find it; we've got gift cards, shirts, and more for the winner to choose from!

eb Exclusive What's happening at nexusnewspaper.com rit Week of January 14, 2019, top five most read stories: uting 1. "The Chopping Block Chronicles: Fermented foods are the superfoods of today," January 7, 2019 2. "Camosun College student raises concerns about Interurban bike lane," January 7, 2019 3. "Camosun gets second-highest enrollment rates of former foster as e children in BC," January 7, 2019 , Oc 4. "New book too scribbled to have impact," January 7, 2019 ly wa 5. "Open Space: Discrimination based on beauty needs to end," January 7, 2019 Plus, head to our site to check out web-exclusive stories! Check it all out at nexusnewspaper.com, and find us on Instagram, Twitter, and Facebook today! victoria s norror Escape offers

volunteering at an award-winning student newspaper, stop by our offices at Richmond House 201 on the Lansdowne campus, email editor@nexusnewspaper.com, or call 250-370-3591.

an independent voice.

Adam Marsh

Itudent editor for Nexus ewspaper. Marsh has overed issues such as tudents successfully rotesting tuition raises not student issues urrounding the federal lection.

With a few keystrokes you can sample thousands of opinions, afloat in a sea of information. But as the volume increases, the accuracy and reliability of professional journalism is essential. Gathering and sorting the facts, weighing and interpreting events, and following the story from beginning to end is more important than ever.

